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## Berkeley Lab Training Program

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### EHS 0701 Epinephrine Auto-Injector Training

#### Course Syllabus

**Subject Category:** Health and Wellness

**Course Prerequisite:** None

**Course Length:** One hour

**Course Mode:** One-on-one or small group

**Medical Approval:** None

**Course Purpose:** This course is to teach employees how to properly use an Epinephrine auto-injector so that they are able to successfully administer it on themselves or their co-workers if allergic reactions happen following exposure to allergens at work.

#### Learning Objectives:

After completing this training, participants will be able to

- Explain what allergens are and the potential health effects of exposure to allergens
- Explain the first aid responses to both mild and severe allergic reactions
- Explain when to use an Epinephrine Auto-Injector and its potential side effects
- Successfully demonstrate the administration of an Epinephrine Auto-Injector using a trainer auto-injector

**Training Requirements:** None

**Instructor:** Qualified Medical Services personnel

**Course Instructional Materials:** Online module and in-person training

**Practical or performance Assessment / Exam:** Online quiz

**Retraining/Recertification:** No

**Course Evaluation:** Feedback form used to evaluate training