SAFETY DAY SELF-ASSESSMENT CHECKLIST for SHOPS

Area assessed: ___________________

People who did the assessment: ____________________________

GENERAL SAFETY

Talk to the Shop Manager. Can the Shop Manager clearly explain who has been authorized to use the shop and the requirements for shop use? Are there approved work authorizations (WPC Activities) for all shop work? Are lists of authorized personnel and work authorization levels up-to-date? Does the WPC Activity document controls for any work that should not be performed alone?

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Do all non-routine operations, (such as short-term projects, clean-up/construction projects, or vendor equipment servicing) with significant hazards have a documented hazard analysis and required work authorizations (such as WPC Activity, Construction Safety permits, SJHA, Hot Work permits)?

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Do all entrances to shops have signs next to doors describing hazards, PPE requirements, and contact people? Are there any outdated or non-standard signs? **Contact the Area Safety Lead to update door signs. Check bulletin boards and remove any outdated materials.**

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Is appropriate PPE (safety glasses, shop coats, gloves, etc.) conveniently available, properly stored, and in good condition in areas where it is required? Are closed-toed shoes worn in all shop areas and safety shoes worn where heavy or sharp objects could cause injury?

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Are food and beverages kept out of shops? Is there a conveniently located and clearly marked room or area where food and beverages are allowed to be consumed? **Tip: Consider installing a cup holder for visitors outside the shop door.**

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Are sharp cutting tools (razor blades, scalpels, knives, etc.) stored with the blade covered? Are there red sharps disposal containers available near where sharps are used? (Note any full containers that need to be picked up.)

__________________________________________________________________________

July 2018
Are ladders clean and in good condition, with non-slip safety feet?

SHOP ERGONOMICS

Check the chairs in your area. Are there any other damaged or defective chairs or stools that need replacement?

Are there any physically difficult or repetitive tasks in your shop that might benefit from an ergonomist’s evaluation (e.g., heavy lifting, uncomfortable positions, bending or stretching to reach things, repetitive or forceful twisting, etc.)?

HEARING PROTECTION

Are there noises in your work area that make it difficult to understand conversations, or cause discomfort? If yes, has an EHS evaluation been performed, and adequate controls (PPE or work changes) been provided?

EMERGENCY PREPAREDNESS

Have up-to-date evacuation and assembly area maps been posted? Note: Facilities Space Planning will be notified of locations where evacuation maps are needed.

Are copies of the Emergency Guide (red/orange/yellow flip chart) posted? Tip: The current version of the Guide has a blue “site map” tab at the bottom. New charts are expected to be available in FY19.

Are copies of the Protective Services Site Map showing Zones posted?

Are aisles, walkways, stairways, and exit doors unobstructed? Is the area free of slipping and tripping hazards?
Check the area outside your building. Are there any burned-out lights, tripping hazards, worn or damaged steps, or other conditions that make walking hazardous? Are there any areas where traffic / bicycle / pedestrian safety could be improved?

Have the following items been seismically secured?
- Bookcases, file cabinets, storage cabinets, electronics racks, and other furnishings that are **more than 4 feet high, regardless of weight**?
- All equipment and furnishings that are **mounted at 4 feet or less above a floor level and weigh more than 400 pounds**?
- All equipment that is mounted **more than 4 feet above a floor level to a vertical surface and weigh more than 20 pounds**?
- All equipment that is suspended **below a floor and weigh more than 20 pounds**?
- Bookcases and other furnishings **regardless of height or weight where they might block doors or exit passages**?
- Equipment that is **mounted to a table top and weigh more than 100 pounds**?
- **Chocks or wheel locks** in place for equipment on wheels?
- **160-liter Dewars and compressed gas cylinders**?
- Any equipment, storage cabinet, or container that **contains hazardous materials**?
- **Heavy items on shelves where they might fall down on personnel** below?
- Have machines that are designed for a fixed location been securely anchored to prevent walking or moving during normal operation and/or a seismic event?

Is fire extinguisher access unobstructed? Are the types of fire extinguishers appropriate to the type of fire you might have in the areas (A= ordinary combustibles, B=flammable liquids, C=electrical, D=metals)?

Are fire sprinkler lines free of attached cords, lines, equipment, decorations or other materials?

Do sprinkler heads have at least 18 inches of vertical clearance between the sprinkler heads and objects below them?

Is there a current permit from the Fire Department in place for any operation that produces flames, sparks, or heat (welding, heat treating, grinding, thawing pipe, powder-driven fasteners, hot riveting, etc.)?
Have eyewashes and safety showers been inspected within the last 3 months? Are they in good condition? Is access unobstructed? Are eyewashes located so that someone with chemicals in their eyes would be able to reach the eyewash within 10 seconds?

Are there adequate numbers and types of spill kits (e.g., flammable, acid, and base) available in work areas?

Is Field Guide FG-00 Electrical Safety Emergency Response posted in areas where electrical work occurs?  
**Tip: Field Guide is available at:**  
https://drive.google.com/file/d/14pZPSEwGcjrz2TBdCXn7yDsDcJ6gXj45/view

**ELECTRICAL SAFETY**

Is access to electrical panels, including breaker boxes and disconnects (600 V and less), unobstructed with 42” of working space?

Does each electrical panel have a schedule posted nearby indicating the purpose of all breakers and disconnects? Are all breakers and disconnects numbered or otherwise identified?

Are electrical panels and breaker boxes in good condition (intact, screws in place, door latches work, no materials stored on top)?

Do electrical panels and breaker boxes have an arc flash label providing shock and arc flash information (PPE level, voltage, incident energy)?

**Acceptable Arc Flash Label examples:**
Are all wall-mounted plug strips, receptacles and outlets in good condition? Are outlets near machines protected from metal chips?

Are labeled ground fault circuit interrupters (GFCIs) located on electrical outlets near water outlets and other areas where they may get wet, and attached to any outdoor extension cords? (Wet or damp areas include areas within 6 feet of a sink, shower, emergency eyewash station or other water source, but do not include fire sprinklers.)

Are electrical feeds to machines in good condition and grounded?

Visually inspect portable cord-and-plug equipment for obvious external defects: Do you see loose parts, deformed/missing pins, pinched/crushed cords, deformed or dark spots indicating overheating or other signs of damage?

Are electrical cords and extension cords in good condition:

-- marked as approved by "UL" or "ETL"?

-- 3 intact prongs on plug (indicating there is a ground wire) and plug attached to cord with no exposed wires?

-- cord jackets in good condition, with no frayed insulation, exposed wiring, splices or other signs of tampering, kinks, or taped-over damaged areas?

*Tip: For further information, see Field Guide 20 Extension Cords:*

[https://drive.google.com/file/d/0B6vD4U17S9d2SW1tNG5MRmh0TlE/view](https://drive.google.com/file/d/0B6vD4U17S9d2SW1tNG5MRmh0TlE/view)

Have all extension cords been in use no longer than 3 months? [Where equipment is intended to stay in a specific location, and a receptacle is not located close enough to plug in the equipment, consider submitting a work request to have a receptacle installed where needed.]

Are unused extension cords rolled up and stored properly?

Are extension cords used properly:

-- appropriate for the load?
-- two extension cords of the same gauge may be used together (but not more than 2, unless they are equipped with locking connectors).

-- covered with a bridge (not under carpet or rug) in walkways?

-- not draped over furniture or fire sprinkler lines?

-- not fastened with staples or stretched in a way that could cause damage?

-- protected from damage from sharp corners, projections, and pinch points?

Are relocatable power taps (also known as plug or power strips or surge protectors) in good condition:

-- marked as approved by “UL” or “ETL”?

-- no cracks in plastic or metal case, no damage to cord or plug, no deformed or dark spots indicating overheating?

Tip: For further information, see Field Guide FG-21:
https://drive.google.com/file/d/0B6vD4U17S9d2SklBejRPLVB5a2c/view

Are relocatable power taps (also known as plug or power strips or surge protectors) used properly:

-- not daisy chained (should be plugged directly into wall, not attached to extension cords or other power strips);

-- not permanently attached so that tools are required for removal (may be mounted with slots or keyholes if provided by manufacturer);

-- not connected to equipment over 600 Watts/5 amps, such as heaters, cooking appliances (such as microwave ovens, hotplates, coffee pots), or fans (unless specifically rated for this type of service)?

-- only used in dry, indoor locations?

Are space heaters in good condition:

-- electric powered and marked as approved by “UL” or “ETL”?

-- maximum rating of 500 watts?

-- 3 intact prongs on plug (indicating there is a ground wire) and plug attached to cord with no exposed wires?

-- cord jackets in good condition, with no frayed insulation, exposed wiring, splices or other signs of tampering, kinks, or taped-over damaged areas?
-- clean, not dusty?

-- automatic shut-off working?  *(Test by tilting.)*

**Tip:**  For further information, see Field Guide 22 Space Heater Safety:

https://drive.google.com/file/d/0B6vD4U17S9d2cjIFM0d IbTRkTU0/view

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Are space heaters used properly:

-- placed on a level and sturdy surface?

-- not used where flammable or explosive vapors, or dust, toxic, or radioactive materials, may be present?

-- kept away from combustible materials such as papers, magazines, drapes, or office furniture?  
*Note:  Follow manufacturer guidelines for placement of the heater.  If no manufacturer guidelines are present, provide at least a 36-inch clearance in front of the heater and an 18-inch clearance from all sides, the top, and the back.  *

-- not used in or near wet areas, such as locker/shower rooms?

-- not placed in an exit, hallway, or stairwell where the cord can become a tripping hazard?  *(Note:  power cord may not be run under a carpet or floor mat – this can cause overheating).  *

-- turned off and/or unplugged when area is unoccupied for > 1 hour?

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Are electrical conduits free of attached cord, lines, equipment, decorations or other materials?  
*(Tip:  Use unistrut instead of conduits to support materials.)*

____________________________________________________________________________

Is electrical equipment on metal carts or tables bonded, and grounding provided for metal carts used for electrical equipment?

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Are cable trays properly grounded and used correctly (not overfilled, electrical and water lines separated)?

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Are all unused openings (including conduit knockouts) in electrical enclosures and fittings closed with appropriate covers, plugs, or plates?

____________________________________________________________________________

Are electrical conduits free of attached cord, lines, equipment, decorations or other materials?  
*(Tip:  Use unistrut instead of conduits to support materials.)*
Is electrical equipment on metal carts or tablesbonded, and grounding provided for metal carts used for electrical equipment?

Is someone assigned and trained to survey non-NRTL electrical equipment in your area? Is there any non-NRTL equipment that has a potential of 50 Volts or greater anywhere in the equipment that has not been inspected and approved by the Electrical Equipment Inspection Program?

*Tip: For further information, see Electrical Equipment Safety Program Guide:*

https://drive.google.com/file/d/0B6vD4U17S9d2TVp2WDBEaDZ6VGM/view

Is there any electrical equipment labeled “Failed” or “Conditionally Accepted” that is in use? Have actions been taken to ensure this equipment is either repaired or taken out of service?

Does everyone performing machine servicing, repair or maintenance know what “electrical work” means? *Tip: For further information, see Field Guide FG-1:*

https://drive.google.com/file/d/0B6vD4U17S9d2ckVVaGZtaV9BWmc/view

Can everyone performing machine servicing, repair or maintenance find the Electrical Safety website, Electrical Safety Manual, and the ESH Manual (Pub-3000)? *Tip: See:*

http://electricalsafety.lbl.gov/

Does everyone performing machine servicing, repair or maintenance understand what types of work require a QEW, and how to obtain QEW support?
MACHINE GUARDING AND CONTROLS

Check all machine tools that have reasonably accessible points of operation, pinch and nip points, rotating parts, and flying chip or spark hazards that may expose an employee to injury. Have all these hazards been guarded to prevent injuries:

-- Points of operation (cutting, shaping, boring, bending, punching, etc.)

-- Power transmission apparatuses (pulleys, belts, flywheels, couplings, cams, spindles, chains, cranks, gears, etc.)

-- Nip and pinch points

-- Entanglement hazards

-- Chips/flying materials, splashes, or sparks?

Do the guards themselves pose a safety hazard?

Tip: See ES&H Manual, Chapter 25, Appendix B for examples or contact Herb Toor for assistance.

Are starting and stopping controls within easy reach of the operator? Are machines protected from restarting automatically after a power interruption?

For grinders, does the guarding cover at least 75% of the wheel, including the spindle nut? Is the work rest adjusted closely to the wheel with a maximum clearance of 1/8 inch, and the adjustable tongue or end of the peripheral member at the top of the housing adjusted to within ¼ inch of the wheel?

For vertical band saws, is the guard lowered to the table when not in use?

Are machines designed for a fixed location securely anchored to prevent movement?

Is there sufficient clearance around and between machines to allow for safe operations, set up and servicing, material handling and waste removal?
CRANES, HOISTS, and FORKLIFTS

Is there a current, qualified employee designated as Crane Manager for each crane or hoist?

Is any electric powered crane that is not attended by a qualified operator for an entire shift and during off hours secured by locked controls, or equivalent means such as preventing access to the crane by locking the doors, or locking up radio controls?

Is secondary lifting gear in good condition?

Are all LBNL proof load tags and inspection stickers current? Does the load limit on the tag match the marking on the crane/hoist? Is the rated load of each crane/hoist legibly marked and visible to the operator?

Have all active lifting devices (such as screw pin shackles, hoist rings, commercial equipment, etc.) and fixtures (such as spreader bars, special slings, equipment designed at the Laboratory, etc.) undergone a Non-Destructive Examination within the last 4 years? Are all inactive lifting devices and fixtures clearly marked “STOP DO NOT USE”?

Are the controls of hoists plainly marked to indicate the direction of travel or motion?

Is there a daily inspection tag or logbook? Is it being filled out whenever the crane/hoist is in use? Are cranes inspected at least once a month (whether or not they are used)?

When forklift trucks are left unattended, are the forks lowered, controls neutralized, hand brake set, wheels chocked, and keys removed from the ignition?
REFRIGERATORS AND FREEZERS

Is each refrigerator, freezer, or cooler prominently marked to indicate whether it meets the requirements for safe storage of flammable liquids? Are there any flammable liquids stored in non-approved units?

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Are refrigerators and freezers in labs labeled “Caution – Do Not Store Food or Beverages in this Refrigerator”? Are there any food or beverages in the chemical storage units?

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Are refrigerators and freezers plugged directly into a wall outlet (not an extension cord or power strip)? Is there enough space near the outlet for a person to unplug/plug the unit safely?

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CHEMICAL SAFETY

Are floors and work surfaces free of chemical residues?

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Are chemical containers and gas cylinders labeled with name of chemical contents and hazard?

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Are the chemicals needed (current or near-future planned use, not degraded or expired)?

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Have chemicals been entered into the Chemical Management System? (Check for a barcode on the container or on a Multi-Container Inventory Sheet posted nearby.)

Have chemicals >1 gallon inside equipment been inventoried (bar code on equipment or on Multi-Container inventory sheet)?

Has the maximum quantity of each gas or cryogen that may be used or stored in the room been entered into the Chemical Management System?
Are all gas cylinders and chemical containers (including original containers, secondary containers, and samples) clearly labeled with the name of the chemical contents and hazard?

Are Primary containers labeled with manufacturer’s original label in good condition? (NOTE: For kits containing multiple containers, such as epoxy kits, the outer packaging of a kit is considered to be the primary container.)

Are Secondary containers (such as jars, cans, squeeze bottles, and other containers to which hazardous materials are transferred from a primary container) legibly labeled with:
- the product identifier (i.e., chemical or product name) which is the same as on the primary container or SDS; and
- the primary hazard?

Are Process containers, such as plating baths and degreasing tanks, legibly labeled with the chemical identity of the material/mixture and hazard warning?

Are chemicals and gases stored properly?
- Acids separated from bases?
- Corrosives (acids and bases) separated from flammables and toxics?
- Flammable liquids separated from oxidizing liquids?
- Acetic acid stored with flammables?
- Flammables >10 gal. stored in flammables cabinet?
- Water reactive solids stored separately from flammable liquids?
- Flammables and gas cylinders protected from heat and sources of ignition?
- Stored in approved containers, tightly closed and covered when not in use?
- Containment pans under liquids (including squeeze and wash bottles)? Separate containment pans for liquids with different hazards? Containment pan capacity at least 110% of the largest container or 10% of the aggregate volume of all containers, whichever is larger?
- Chemicals stored away from stairs and exits?
- Overhead storage shelves equipped with shelf lips or latched doors?
- Hazardous liquids stored away from sinks and drains?

Are gases stored properly? *Examples:*
- Gas cylinders protected from heat and sources of ignition?
- Gases stored away from stairs and exits?
- Flammable gases stored in designated flammable gas storage areas (not in flammable liquid cabinets or with non-flammable gases)?
- Gas cylinders secured by metal bracket, top and bottom chains, or on a cart secured to prevent rolling or tipping?
- When gas cylinders are on carts, are the gases intended for use that day? (If not, authorized personnel should remove regulators from cylinders and return cylinders to storage racks)
Are flammable liquid storage cabinets:
- Clearly marked?
- Approved for flammable liquid storage?
- In good condition, with doors that close automatically when released?
- Free from accumulated chemical residue?

Are ventilation systems uncluttered (air flow not blocked)? Is there a sticker indicating ventilation systems have been inspected and tested within the last year?

Have potential lead hazards been identified and controlled (lead bricks and shielding covered, lead not needed for shielding removed from work areas, no old paint peeling or chipping)?

For cryogens, has the Oxygen Deficiency Hazard been evaluated?

Are cryogen filling stations in good condition?
- Dispensing nozzles appropriate to containers or equipment being filled, without using funnels?
- No leaks in lines?
- PPE (face shields, safety glasses, cryogen gloves) readily available and in good condition?
- Signage indicating hazards, controls, requirements for use, contact person?

HAZARDOUS WASTE and SATELLITE ACCUMULATION AREAS

Is the Satellite Accumulation Area (SAA) near the point where the waste is generated? Can access to the SAA be controlled by the responsible person (locked up or within visual contact from work area?)?
Has an SAA sign been posted at each hazardous waste accumulation area? Has the sign been
defined out completely and accurately with the name of the responsible person, building/room,
telephone number, and type of waste?

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Is there a Hazardous Waste label attached to each container? Is the label filled out with the name
and phone number of the generator, building/room location, type of waste, hazards, waste form
(solid/liquid), and accumulation start date?

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Are there any wastes that have been in the SAA for more than 9 months?

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Are there any wastes (such as waste oil) in volumes > 55 gallons?

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Are all waste containers in good condition (not leaking, bulging, etc.)?

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SUSPECT/COUNTERFEIT PARTS

Do key shop personnel know how to identify and report suspect parts? **Tip: BLI2007 Suspect
Counterfeit Parts Training, Part 1, is now available on line at:
http://www2.lbl.gov/ehs/training/webcourses/BLI2007/**

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July 2018
SHOP WORK BEHAVIOR OBSERVATIONS and DISCUSSION

(NOTE: Any observations of unsafe behaviors should be noted without using names of people observed – just note the location.)

Lifting: tests weight before lifting; gets help with large/awkward items; avoids awkward body positioning; bends knees when lifting; avoid bending over, twisting, overextending; checks path for hazards before carrying

PPE: wears protective equipment required in shop and appropriate to the job. Consider eye/face protection (goggles, face shield, safety glasses), gloves, hearing protection, foot protection, respiratory protection, clothing (shop coat, coveralls, apron).

Procedures: plans work, identifies hazards, ensures controls are effective, gets permits/work authorizations, checks condition of equipment before using, follows written procedures, obeys signs, performs LOTO when needed, leaves equipment and work area in clean and safe condition

Tool use: selects the right tool for the job; only uses tools and equipment the worker is trained and authorized to use; ensures tools are in good condition and guards in place before using; uses proper techniques; does not work alone in shop