

1 Minute



4 Safety

Ergonomic Resources



- Ergo Display Center (Building 75B room 110B).
- LBNL Ergo Website and EHS Training Classes.
- LBNL Chair and Sit/Stand Workstation Loaner Programs.
- EH&S Ergonomic Accessories Loaner Program.
- Consult with ergo evaluator, safety coordinator, EH&S division liaison and/or health care professional.
- Download Stretchware:

Go: “A-Z” “S” “*Stretchware: Computer Work Break Software*”

<http://www.lbl.gov/ehs/ergo/stretchdownload.shtml>

For more information contact the Ergo Team at ergo@lbl.gov