

1 Minute



4 Safety

## Computer Workload Hazard Control - 2



- **Potential hazard controls**
  - **Cross train employees; allows task variety and avoids single point failure on key work**
  - **Distribute the workload; work as a team**
  - **Use keyboard shortcuts to reduce repetitive mouse use**
  - **Use RSIGuard AutoClick feature to minimize mouse clicks**
  - **Check on employees frequently when workload is high, ask how they are doing, look for danger signals (easily frustrated, fatigued, uncommunicative when you ask if there is a problem)**
- **Request an Ergo Eval if you are experiencing recurring discomfort @ <https://ehswprod.lbl.gov/Ergo/Login.asp>**

For more information, contact the Ergo Team x6848 or [ergo@lbl.gov](mailto:ergo@lbl.gov)