



Tips to tame your mouse



- Adjust mouse speed, resolution & cursor size
- Alternate between right and left handed mousing
- Use 2 mice...right to move cursor and left to click
- Alternate between different mice ...vertical mouse, trackball, or roller mouse to change hand position or reduce arm movement
- Use a shorter keyboard to bring mouse closer to body centerline
- Get a 1-piece keyboard tray to bring the mouse closer
- Use RSiGuard AutoClick feature to reduce mouse clicks
- Learn keyboard shortcuts to minimize mouse use
- Use a mouse with finger versus thumb activated buttons
- Find a mouse that fits your hand
- Use a relaxed grip on mouse....*"paw don't claw the mouse"*



For more information, contact the Ergo Team @ x6848 or Ergo@lbl.gov