

# Health, Wellness, and Retirement Events Calendar

Sponsored by the Human Resources Benefits Team



Lawrence Berkeley  
National Laboratory



## MAY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9 <b>New Employee Benefits Orientation*</b> 10:00 – 12:00 Bldg 90, Rm 2063	10 <b>New Postdoc Benefits Orientation*</b> 10:00 – 12:00 Bldg 90, Rm 2063	11
14	15 <i>Special Meeting</i> <b>FIDELITY QUARTERLY MARKET UPDATE</b> 12:00 – 1:00, Bldg 50 Auditorium	16	17	18
21	22	23 <b>New Employee Benefits Orientation*</b> 10:00 – 12:00 Bldg 90, Rm 2063  <i>Special Wellness Event</i> <b>“UC WALKS DAY” AT THE LAB!</b> Take a 30-minute walk between 11:30 – 1:30 Receive a free t-shirt while supplies last <i>Go to Lab’s Google Calendar for details</i>	24 <b>New Postdoc Benefits Orientation*</b> 10:00 – 12:00 Bldg 90, Rm 2063	25
28 <b>HOLIDAY</b> <b>Memorial Day</b>	29 <b>Fidelity Presentation</b> <i>Café Bldg, Perseverance Hall</i> <b>8:30</b> Women and Investing <b>9:30</b> Creating Your Personal Retirement <b>10:30</b> Getting on the Right Path with your Workplace Savings Plan <b>12:00</b> Information Desk, <i>Café Lobby</i>	30	31	

\* Enroll online through Employee Self Service: <https://hris.lbl.gov/selfservice/login>. Select *Training Enrollment* from the menu then go to *All Courses* to make a selection.  
For additional information, please contact the HR Benefits Team at (510) 486-6403 or [benefits@lbl.gov](mailto:benefits@lbl.gov)

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