

# Health, Wellness, and Retirement Events Calendar

Sponsored by the Human Resources Benefits Team



Lawrence Berkeley  
National Laboratory



## JULY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <i>Bright Horizon's BACK UP CARE PROGRAM Starts Today</i>
4 <i>HOLIDAY Independence Day</i>	5	6 New Employee Benefits Orientation 10:00 – 12:00 Bldg 90, Rm 2063	7 New PostDoc Benefits Orientation 10:00 – 12:00 Bldg 90, Rm 2063	8
11	12	13 CARE Services Workshop “Building Good Sleep” 12:00 – 1:00 Bldg 54, Perseverance Hall	14	15
18	19	20 New Employee Benefits Orientation 10:00 – 12:00 Bldg 54, Rm 130 (PERS Hall)	21 New PostDoc Benefits Orientation 10:00 – 12:00 Bldg 54, Rm 130 (PERS Hall)	22
25 FIDELITY Workshops Bldg 54, Perseverance Hall 9:00 UC Retirement System 10:30 UC Savings Plan 12:00 Help Desk, Café Lobby	26	27	28	29

Enroll online through Employee Self Service: <https://hris.lbl.gov/selfservice/login>. Select *Training Enrollment* from the menu then go to *All Courses* to make a selection.  
For additional information, please contact the HR Benefits Team at (510) 486-6403 or [benefits@lbl.gov](mailto:benefits@lbl.gov)