

**Health Care Facilitator Program
2008 Calendar of Wellness Topics**

Month	Topic
January	Glaucoma Awareness
February	Heart Awareness
March	Kidney Awareness
April	Irritable Bowel Syndrome
May	Nutrition
June	Wellness Fair
July	Movement on Long Flights Prevents Blood Clots
August	Swimming Safety
September	Senior Thriving
October	Dental Hygiene Month
November	Lung Cancer/Great American Smoke-Out
December	Hand Washing