

Health Care Facilitator Program
2006 Calendar of Wellness Topics

Month	Topic	Activity
January	National Eye Care Month	TABL article, request donation for old eyeglasses
February	American Heart Month	TABL article, café lobby visits, brown-Bag on heart disease
March	National Colorectal Cancer Awareness Month; Workplace Eye Health Awareness Month	TABL article, brown-bag on weight management and nutrition
April	National Donate Life; National Occupational Therapy Month	TABL article, brown-bag on weight management and nutrition, Active for Life campaign
May	National High Blood Pressure and Stroke Awareness Month	TABL article, Active for Life launch
June	National Safety Month	TABL article
July	Promote Chair Massage; Eye Injury Prevention Month	TABL article
August	Promote Chair Massage	TABL article
September	National Hospice Month; National Alzheimer Disease Awareness Month	TABL article
October	Depression and Mental Health Month; National Physical Therapy Month	TABL article
November	Lung Cancer Awareness Month -- Great American "Smoke-Out"	TABL article

December	Drunk and Drugged Driving	TABL article
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